



At Milwaukee Catholic Home, we recognize that wellness means something different to everyone. Our goal is to see each resident thrive within our community, seeking to enhance their well-being supporting and encouraging them on their journey. Our dynamic and innovative wellness program includes an array of services, classes and more, including these many service providers that come to you.



Oak Medical Onsite Physician Services provide routine wellness visits, condition management services, medication management, and more. Your team will consist of doctors, advanced practice providers, registered nurses, medical assistants and supportive staff. See RCAC nurse manager to learn more.



Kindness Matters is a care partnering service offering non-medical personal assistance including companionship, transportation, cleaning, meal preparation, assistance with grooming and dressing, laundry, and more. Please see Kara for more information.



MJ Care rehab provides therapy services onsite at Milwaukee Catholic Home. Offering physical, occupational, and speech therapies, their goal is to keep or return you to independence. To learn more, contact Jackie Grossoehme at 414.220.3231



PS Salon & Spa offers a full service salon experience right at Milwaukee Catholic Home, providing everything from a haircut and color to manicures, pedicures, and facial grooming. To get started, call 414.224.9700 x3310 or visit www.salonps. com/celebration to authorize salon services and setup your online profile.



HEAR Wisconsin's state-of-the-art mobile clinic visits regularly to provide residents with convenient, affordable and quality hearing healthcare and hearing conservation services. To learn more, contact Care Coordinator at 414-604-7219.



RCAC nursing staff will hold a Wellness Clinic to take blood pressure, pulse, respirations, pulse ox, temperature, and weight. Wellness clinic is held on Thursday's from 9am-noon and located in the physician suite on the lower level.



Catholic Charities Behavioral/Health Counseling Services provides on-site group counseling for all interested residents. This program is referred to as "Connections." Weekly group sessions are provided by a Licensed Social Worker, supporting and guiding people through a variety of life experiences. To learn more, contact A Life Engaged™ at 414-220-3214.

In addition to the providers listed above, Milwaukee Catholic Home offers various services to encompass the many different aspects of wellness.