MILWAUKEE**CATHOLIC HOME**
a life engaged

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focus

MCH announces Trinity Woods campus at Mount Mary University

In the past, the words "intergenerational" and "senior living" typically did not go together. Today, at Milwaukee Catholic Home, where ministry is centered on building community, fostering a sense of purpose and belonging to something bigger than oneself, seniors, retired religious and college students will soon be able to live together in an intergenerational community that is being designed and programmed based on innovative national models and future customer expectations.

In a three-way venture among Mount Mary University, the School Sisters of Notre Dame and MCH, MCH will operate and manage the new intergenerational community honoring its Catholic values and service philosophy of A Life Engaged.®

The proposed new residential community at Mount Mary University, Trinity Woods, will be home to Milwaukee-area seniors, undergraduate single mothers and their children, and Sisters of the School Sisters of Notre Dame. The name has a special significance; "Trinity" simultaneously honors the Catholic/Christian faith and the three entities which are sponsoring this community. "Woods" while highlighting the mature woods which have physical prominence on the site, also signify growth, wisdom, expansion, and reaching aspirations.

"We are beyond pleased to participate in this first-of-its-kind venture in Milwaukee," said David Fulcher, CEO of MCH. "Living intergenerationally – Sisters, seniors, young single moms and their children in the same community– offers so much promise for all residents. Embedding our

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EVERYDAY*Amazing*

"Everyday Amazing" is Milwaukee Catholic Home's Dementia Care Excellence Program

At MCH, we understand that there are people who shape lives by simply doing what they consider ordinary, everyday activities. For those residents and their families that may be affected by dementia, moments that may seem ordinary are in fact, extraordinary and amazing. Pauline Judy, current MCH resident, reflects, "When I hear the words "everyday amazing", I know that it doesn't have to be large, tremendous events. It's often the small things that end up being the amazing moments to cherish and hold on to."

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from the CEO...

MCH's Response to COVID-19

With conditions changing rapidly, we at MCH continue to make concerted efforts to effectively communicate with our residents, families and staff. We have implemented all necessary steps by following the guidelines outlined by the CDC and Centers for Medicare and Medicaid Services.

As a state we must continue to practice appropriate social distancing, frequent hand washing and the wearing of masks in public spaces. These guidelines are not only meant to protect ourselves, but to protect those we will come in direct contact with.

To ease the sense of isolation from family and friends, our Life Engagement staff have been working with families to virtually connect with their loved ones using Facetime and Skype on portable devices. We continue to encourage our families and residents to take advantage of this technology.

We have been blessed to have a Roman Catholic priest living in our community who has graciously offered to celebrate daily Mass and broadcast it live through the in-house television channel. The Holy Rosary is also prayed together, on that same channel, at 3:30 pm daily.

We are in this together and will work through the loosening of restrictions in partnership with the CDC and state of Wisconsin. Our primary task is and will continue to be keeping our residents and staff safe and to have the best strategies in place to minimize the risk of exposure to COVID-19.

Now, more than ever, we need to raise each other up in prayer and in supportive acts of kindness. We will move through this with many brighter days ahead! ■

David Fulcher, CEO

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New Construction Projects *move forward* to Expand Gathering Spaces

The Center for A Life Engaged at Milwaukee Catholic Home

MCH continues to enhance the experiences of residents and their families, as two projects are making substantial progress on the East side campus!

The Health and Rehabilitation Center renovation at 2330 N. Prospect Avenue first began in late January 2020. Features of the project, which are spread throughout the second and third floors and total approximately 7,600 square feet, include larger and more comfortable dining rooms, a music room, and The William Jermain Jr. Nature Room to nurture creativity. While a new chapel will create a welcoming environment for prayer and reflection, a new art studio will give residents the opportunity to express themselves through a variety of art mediums.

The renovation also has some practical enhancements; conference rooms are being added off both the second and third floor elevator lobbies, allowing for private discussions between staff, residents, and families. In addition, the clinical teams will be moving closer to the residents through an expanded clinical area.

While the improvements to the Health and Rehabilitation Center are extensive, this undertaking will also significantly improve the experience at MCH's Residence at 2462 N. Prospect Avenue. Completed in late January 2020, the new 7-story utility tower creates additional ways for residents to access the building and its amenities while improving the appearance of the western façade. New 250 square foot seating areas have also been incorporated for the second through sixth apartment floors, a welcome change that is praised by residents.

"I love spending time near the new lounge area near my apartment!" says current MCH resident Ceci Chappel. "It really is the perfect area to visit, read the newspaper, enjoy a good book, have your morning coffee or just sit and relax."

The tower also incorporates the 1,200 square foot Center for A Life Engaged; suited for groups of fifty or less, this new space will be used for residents, staff, friends, and partners of MCH to engage in the meaningful, joy-filled programs we proudly offer in a beautiful and welcoming environment. There will also be a walk out 750 square foot patio if residents wish to spend time outdoors.

"This is an exciting time for MCH and I am proud to be a part of the construction and remodeling process." says MCH Plant Operations Director Jim Benedict. "The true joy factor will come when all of our residents will be able to enjoy these new areas of our campus." ■

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MCH announces Trinity Woods campus at Mount Mary University Continued...

philosophy of service, A Life Engaged, at this new community excites and energizes us!

Moving forward

The Mount Mary University project was publicly announced in mid-December of 2019. Following approvals by the City of Milwaukee, groundbreaking is anticipated in July of 2020. The newly formed nonprofit corporation will be financed in part by the three partners in the venture, MCH, Mount Mary University and the School Sisters of Notre Dame, as well as through fundraising and tax-exempt bond financing. Projected costs for the development are ~$40 million with a tentative timeline calling for an opening in late September of 2021. PRA (Plunkett Raysich Architects) of Milwaukee has been engaged as the project's architectural firm, and Senior Housing Partners of Minneapolis has been named the owner's representative. VJS Construction Services will be providing construction management services for the 258,419 square foot project.

The new community will be comprised of 32 private residences designed to accommodate the needs of the retired Sisters as they age. Twenty assisted living apartments will be available to the public and residents living in the community. Ninety independent living residences for seniors will have full access to the new communities' amenities including supportive living services as their individual health needs change. Twenty four small apartment residences for Mount Mary University undergraduate single mothers and their children will be included in the new development. Early childhood development or child day care for up to 100 children and toddlers will be located on the ground floor enabling a separate and secured access point directly adjacent to the university campus.

The buildings will be fully interconnected by a Town Center that incorporates numerous spaces to bring people together in friendly conversation, dining, prayer, learning and socialization. The social gathering lounges and indoor/ outdoor spaces will take advantage of the natural wooded environment, views of the Menomonee River Parkway, the University bell tower and expansive green spaces. There will be multiple dining experiences to meet today's customer expectations, including a pub for people to come together prior to a meal or just to relax.

In addition to the Town Center, the community will include a wellness center that provides residents with the opportunity to focus on their own individual wellness journey using the Five Pillars of Wellness as its framework. These pillars are: Social Engagement, Cognitive Health, Physical Health, Spiritual Wellness and Nutrition. The center will offer primary care physician access, onsite

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private therapy and massage services, beautician, manicure and pedicure services, cardio vascular and strengthening equipment and inviting spaces for group exercise and mindfulness experiences. In addition to the onsite spaces, MCH will provide organic produce for the community through its organic farm located in Burlington WI, providing a true farm to table experience.

Together, the partners have researched and explored other institutions of higher learning that have launched similar projects, as well as toured other senior housing facilities in Milwaukee and the Midwest to learn about current trends in senior living. Milwaukee Catholic Home brings its deep expertise and stability to the table for the benefit of the new project.

"We have been honored to provide care for the Sisters in Elm Grove," said Fulcher. "This more formal partnership at Mount Mary University will expand and honor the legacy and charism of the School Sisters of Notre Dame through expanded ministry in intergenerational programming, educational experiences, land use stewardship and service to the retired sisters of the Central Pacific Province. We are honored to be part of a process that truly leverages our collective ministries to enhance the experiences of retired sisters, elders and young women and their children being served by this new intergenerational community."

As the project advances, MCH will share milestones and information, and especially the excitement around this new opportunity. ■

Christine Pharr, PH.D, President of Mount Mary University, David Fulcher, CEO of Milwaukee Catholic Home, and Sr. Debra Sciano, Provincial Leader of the School Sisters of Notre Dame

Everyday Amazing Continued...

"Everyday Amazing", MCH's Dementia Care Excellence program, is an integral framework we use in caring for those with memory loss.

It was developed by an Excellence Charter that consists of leadership from both MCH and Clement Manor. Their goal has been and continues to be to brand an exceptional Memory care approach with service delivery that is characterized by whole person wellness, experiential engagement, minimal medication, and a supportive network.

"Through "Everyday Amazing," we encourage all those we care for to embrace the moments that make each day special." says Director of Recreation Therapy in the Health Care Center Tori Smith. "We continue to be committed to exceeding the expectations of those entrusted to us through passion, knowledge, and vision. We strive to make every day as amazing as it can be."

The "Everyday Amazing" philosophy features a variety of approaches that are evidence-based and research-driven. Some key offerings at MCH include weekly Intergenerational programs, Brain Fitness classes, TimeSlips™ storytelling, Memories in the Making™ watercolor group and an extensive array of art therapy interventions using a variety of different mediums.

Employee training for "Everyday Amazing" at MCH requires CBRF certification, yearly and quarterly in-services, and training both online and in-person. In addition, "Everyday Amazing" requires qualified employees to participate in Virtual Dementia Simulation Training, allowing staff members firsthand experience on what it feels like to be suffering from memory loss. ■

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Gifts from the *heart*

Milwaukee Catholic Home gratefully acknowledges our generous benefactors. Gifts of cash, property, securities, bequests, and other gifts assist us in providing outstanding retirement and health care services for our residents. We encourage gifts in memory or honor of a loved one. We will be happy to notify the individual or family member of your generosity. To learn more about giving opportunities, please contact Caitlin Elftman at 414-220-3213.

The following gifts were received between February 1, 2019 and April 29, 2020

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Milwaukee Catholic Home gives special thanks to the generosity of those that have supported our staff and residents throughout the COVID-19 crisis by selflessly donating their time, resources and talents.

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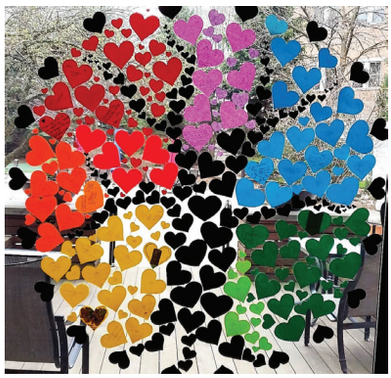
Milwaukee Catholic Home Gratitude Tree

Our commitment to staying safe, healthy, and positive in a time of crisis

Gratitude is beauty, like a tree! Grown from the simple seeds of patience, thoughtful reflection, need. The miracle of a tree stretches out its branches toward God, providing beauty, shelter, fruit. So too the miracle of gratitude reminding us of the beauty of that which surrounds us, giving us a place to rest in our abundance, providing hope in more positivity to come!



Here is what residents and staff have expressed they are most grateful for during this time.

- Faith
- Family and Friends
- The cheerful and positive MCH staff and crew
- The Daily Mass and Rosary
- As a staff member, I'm grateful for my job at MCH
- God who gives us everything
- All the efforts made to keep everyone safe, happy, and healthy
- Wonderful programs, especially the surprise dance parties hosted by MCH staff!
- Countless Smiling Faces
- Delicious Food

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