



MILWAUKEE
CATHOLIC HOME

FOCUS

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KEEPING UP WITH CARL



Carl Muenzner

It is often thought that an active lifestyle is the key to longevity, and Carl Muenzner may just be a living example of that theory.

Carl was born into a large family, the second child of nine. From a young age, he was always very active. His

family had a summer home on Cedar Lake, and as a child Carl enjoyed going there to sail, golf and play tennis with his siblings.

Carl attended high school at Marquette University High School. Some of his fondest memories of that time include activities and social gatherings with a group of friends referred to as the "Big Ten." After high school, Carl attended the University of Wisconsin; two years later, he left the university to join the Army, where he served for more than four years. Carl received training in Washington, DC to become an Army medic. Due to this training, he was sent to Hawaii, where he was expected to be deployed to Japan as a medic. While in Hawaii, Carl participated in a three-day amphibious training program; on the third day, he was supposed to leave for Japan. However, on the second day of his training, the atomic bomb was dropped in Hiroshima, and Carl's scheduled deployment was cancelled; he was never sent to Japan.

After the war ended, Carl returned to the Milwaukee area and worked for Bell Telephone Company; he spent 30 years working for Bell in a variety of jobs throughout the Milwaukee area. In

1963, he married his wife, Margaret, whom he had known for 20 years prior to marriage. They originally met at a party through Carl's best friend and had been good friends ever since.

Carl and Margaret lived a very active lifestyle, traveling and participating in sports together. One of Carl's favorite vacations was a European trip; the highlight of the trip for him was visiting Germany, particularly the cities of Dresden and Munich, where his family originated.

The Muenznerns also enjoyed skiing, both downhill and cross country. Carl was a member of the Vagabonds, and they went on many weekend ski tours and a trip to Colorado with the group. In addition, Carl liked to go hunting with his friends. He went deer hunting all over northern Wisconsin for over fifty years and also hunted moose in Canada.

However, the one sport that Carl still participates in today – at the age of 94 – is golf. He started golfing in high school and still plays two or three times per week. He never takes a golf cart, preferring to walk the course, and aims to shoot his age, which he usually does. Carl plays golf all over the city, including in a league at Brookfield Hills Golf Course.

Carl moved to Milwaukee Catholic Home eight years ago. While he hasn't been out hunting or skiing in several years, Carl hasn't slowed down his active lifestyle much. In addition to playing golf, Carl is very active at MCH. He plays bridge on Tuesdays with the MCH bridge group and volunteers in St. Anne's Chapel in The Residence. He also really enjoys the summer concert series, Patio Pops. With no plans to slow down any time soon, Carl is living proof of the benefits of an active lifestyle.



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FROM THE EXECUTIVE DIRECTOR



Paul Connolly,
Executive
Director

June 28, 2008 will mark the 95th anniversary of the incorporation of Milwaukee Catholic Home. As we begin our 95th year as an organization, it is a good time to reflect on the past and look towards the future.

MCH has seen vast changes throughout the years since its incorporation. It was started by a group of Catholic women who wanted to provide a home for older adults, and the original Milwaukee Catholic Home was a donated home on Astor Street that provided a residence for 12 seniors. In 1926, MCH moved to a larger building on 2301 E. Bradford Avenue, which allowed the organization to serve hundreds of residents over several decades.

Today the MCH campus includes two buildings on Prospect Avenue: The Residence, which provides 120 apartments, varying from efficiency units to three-bedroom apartments, and the Health and Rehabilitation Center, which features 122 private skilled nursing rooms, 29 assisted living apartments, and an adult day center. That's quite a change from our modest beginning, but we are now able to serve a much greater population, from residents with independent lifestyles, to those who need more support and care.

Despite the changes in physical location, one constant throughout the years is our dedication to providing top quality care and service for older adults, while treating them with the utmost amount of dignity and respect. The mission of MCH has always been to care for older adults in an environment of Christian love and compassion, and that mission guides our service and care plans to this day. Spirituality, community, camaraderie, convenience and service have remained important components to Milwaukee Catholic Home throughout our 95 years and will guide the organization into the future.

In celebration of our 95th year, MCH will host several special events throughout the year, including our anniversary mass and luau celebration on Friday, July 11th. We hope you will join us in celebrating our past and maintaining our commitment to serving seniors in the future.



The original MCH building located at 544 Astor Street

ARCHBISHOP CELEBRATES CHRISTMAS WITH RESIDENTS



L-R: Archbishop Timothy Dolan, Monsignor John Donovan and Father Chuck Keefe

Residents of The Residence were once again honored by a special guest during their annual Christmas party. The evening kicked off with a cocktail party and appearance by Most Reverend Archbishop Timothy Dolan. The Archbishop greeted residents and guests as they left the chapel after mass for the party and then graciously visited and posed for photos. Afterwards, the residents were treated to a special Christmas dinner prepared by Dining Services staff, followed by a concert performed by the Marquette University High School Choir. Many lucky residents won door prizes, and everyone enjoyed the festivities.

Michele Chrisman and Ruthellen Sanders



ASSISTED LIVING RESIDENTS ENJOY SPECIAL OUTING

A group of Assisted Living residents went on a bus trip to Candy Cane Lane in West Allis to view the festive holiday decorations throughout the neighborhood. The residents delighted in seeing the elaborate displays of lights, animated decorations and candy cane-wrapped trees, a tradition many of them enjoyed in years past. After winding through the neighborhood, the bus stopped at the home of Bonnie Anderson, manager of MCH's Generations Day Center. Bonnie welcomed the residents into her home, served hot cocoa and shared her extensive collection of African-American Santas. It was a great way to get into the holiday spirit!



After winding through the neighborhood, the bus stopped at the home of Bonnie Anderson, manager of MCH's Generations Day Center. Bonnie welcomed the residents into her home, served hot cocoa and shared her extensive collection of African-American Santas. It was a great way to get into the holiday spirit!

L-R: Virginia Stephenson, Lorraine Voelker, Irene Maier, and Bonnie Anderson

INTERGENERATIONAL ACTIVITIES BOND CHILDREN AND SENIORS

Throughout the year, the residents of Milwaukee Catholic Home enjoy many intergenerational activities with the children who attend Columbia St. Mary's Children's School. Each week the children spend time with the clients in Generations Adult Day Center, as well as with the residents in the Special Care Unit. The groups also enjoy holiday celebrations together and put on a Christmas play each year. This year's play was entitled, "Santa Claus is Coming to Town," in which the children portrayed various scenes from the famous song, while the adults recited the well-known refrain and participated in the sound choir. The intergenerational programs bring together the generations to allow socialization, learning and mutual respect. The interactions bring much joy to the MCH residents and clients, while enhancing the children's communication skills and fostering friendships with the "grandmas and grandpas," as they affectionately call them.

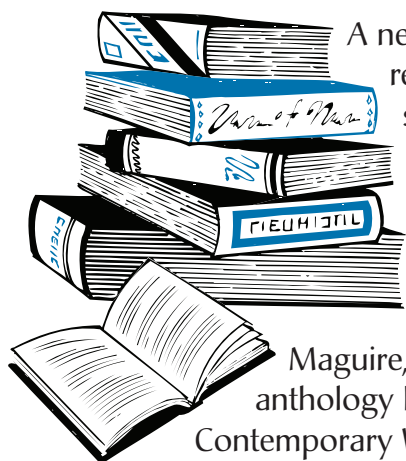


Callie Knoll and Betty Weise at the intergenerational Thanksgiving lunch

Cecelia Uszler, Regina Olejniczak and Kay DelaHunt perform in the intergenerational Christmas play



RESIDENTS PRACTICE LIFELONG LEARNING



A new program in The Residence, entitled Lifelong Learning, encourages residents to do just that – continue learning about new and different subjects. The program brings in college professors, teachers, and experts to give a lecture or lesson in their area of expertise. The first Lifelong Learning presenter was Dr. Abe Caceres, who gave a presentation and workshop on world music and rhythms. On Tuesday evenings at 7:30 throughout the month of February, Dr. Tim Crain, a UWM professor, will present a series of lectures on Jewish history and conflict studies. In March, Dr. Dan

Maguire, a professor at Marquette University, will give a presentation on an anthology he recently co-authored, entitled, "Violence Against Women in Contemporary World Religion." More information on these and other events will be available on the MCH website, www.milwaukeeecatholichome.org.



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Milwaukee Catholic Home gratefully acknowledges our generous benefactors. Gifts of cash, property, securities, bequests and other gifts assist us in providing outstanding retirement and health care services for our residents. We encourage gifts in memory or honor of a loved one. We will be happy to notify the individual or family member of your generosity.

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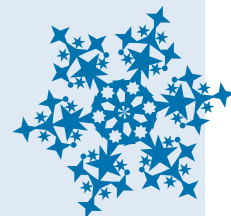
WINTER CONCERTS HIT HIGH NOTE WITH RESIDENTS



Everyone needs a little fun to help them get through the doldrums of winter. The residents of MCH and their guests are enjoying the Winter Wonders concert series to do just that.

Winter Wonders concerts are a great way to beat the winter blues and enjoy some wonderful musical performances – free of charge! Performers this winter have included: a cabaret; concert pianist Daniel Belivsky, along with his father, Yuri, on violin; and The Gizmoguys' comedy and juggling show. Performances are held in The Residence Ballroom at 7:30 p.m., and community guests are always welcome. Upcoming performances will be listed on our website,

www.milwaukee catholic home.org.



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2008 MCH Board of Directors: Chris Steinmetz, Bob Kowalsky, Richard Imperiale, Sarah Oberhofer, Fr. Tim Kitzke, Mike Faber, Steve Helfer and John Revitte. Not pictured: Mary Cyrier, Mary Darling, Dr. Glenn Ragalie, and Paul Westrick

Milwaukee Catholic Home's 94th Annual Corporate Meeting was held on Thursday, January 24th, 2008. Board member Fr. Tim Kitzke led the invocation, followed with presentations by Board President Steve Helfer and Executive Director Paul Connolly, who thanked the board members and management team for their hard work in ensuring the highest quality of care and services for our residents. The meeting also included a slide show of memorable photos from throughout 2007, featuring residents, clients, families and staff from Milwaukee Catholic Home enjoying activities, concerts, outings and celebrations. Following the meeting, board

members, staff and corporate members savored hors d'oeuvres and cocktails in celebration of a memorable year in 2007 and anticipation of another successful year in 2008.



Elaine Houlihan, Fr. Tim Kitzke and Franz Bidinger



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